

Schaumburg High School

Sports Medicine Club

Student Handbook



Last Updated 8/2025

Mission Statement

Sports Medicine Club's mission is to provide an atmosphere where students can learn and experience aspects of Sports Medicine through observation and assistance with Schaumburg's Athletic Trainers and daily in the Athletic Training Room. The goal of Sports Medicine Club is to appeal to student's interests in multiple Health Care professions and prepare students for an education or career in Health Care.

Contact Information**Schaumburg High School**

Main Office	847-755-4600
Athletic Office	847-755-4770
Athletic Training Room/Office	847-755-4790

Athletic Training Staff

Mike DeVries, M.S., M.Ed, LAT, ATC	Head Athletic Trainer	mdevries@d211.org
Maddox Reed, M.S., LAT, ATC, GTS	Assistant Athletic Trainer	mreed@d211.org



**NATIONAL ATHLETIC TRAINERS' ASSOCIATION:
OFFICIAL STATEMENT ON PROPER SUPERVISION OF SECONDARY SCHOOL
STUDENT AIDES**

This Official Statement of the National Athletic Trainers' Association provides support and guidance to school administrators and athletic trainers in the education and supervision of secondary school students enrolled in sports medicine courses or volunteering in secondary school athletic training programs. The goal of this statement is to continue to foster a positive, safe learning environment where students benefit from the instruction and observation of qualified health care professionals.

Official Statement:

The NATA recognizes that allowing secondary school students the opportunity to observe the daily professional duties and responsibilities of an athletic trainer can be a valuable educational experience. This unique experience may expose students to the foundations of various health related careers as well as provide them with important life skills. Regardless of practice setting, it is understood that all athletic trainers must comply with their state practice acts, the BOC Standards of Practice when certified, and the NATA Code of Ethics when a member. These legal and ethical parameters apply and limit the incorporation of student aides outside of the classroom and within the activities of athletic programs.

Student aides must only observe the licensed/certified athletic trainer outside of the educational environment. Coaches and school administrators must not allow or expect student aides to assist or act independently with regard to the evaluation, assessment, treatment and rehabilitation of injuries. Additionally, it is paramount that student aides not be expected, asked or permitted to make "return to play" decisions.

Specifically, licensed/certified athletic trainers, coaches and administrators must not ask athletic training student aides to engage in any of the following activities:

- (1) Interpreting referrals from other healthcare providers
- (2) Performing evaluations on a patient
- (3) Making decisions about treatments, procedures or activities
- (4) Planning patient care
- (5) Independently providing athletic training services during team travel

Dear Parent/Guardian,

Your son or daughter has expressed interest in shadowing and working with Mike DeVries, Maddox Reed, and Becca Messick, the Athletic Trainers at Schaumburg High school. This handbook outlines the duties and responsibilities of a student in the athletic training program, as well as an overview of the profession itself, as many people have a misconception of the role of athletic trainers in the healthcare profession.

We would like to welcome your son/daughter to the Schaumburg Sports Medicine Club. This is an exciting opportunity for students to gain valuable experiences and provide them with an understanding of the prevention, care, and rehabilitation of athletic injuries. As a participant in this program, each student is expected to commit to a schedule that will be decided with a member of the athletic training staff and perform a variety of duties and responsibilities as described in the student handbook.

Students will be under the supervision of a Certified Athletic Trainer while participating in the program. There are no travel requirements with this club, however our staff does travel to certain events and will allow students to travel with us if they choose, but only with parental consent. All transportation will be in a District 211 vehicle, and a transportation waiver will need to be on file with the athletic department.

Please read this handbook with your son/daughter and sign the enclosed consent form once you have an understanding of all student and club expectations. If you have any questions or concerns, please do not hesitate to call 847-755-4973 or email mreed@d211.org

Thank you for allowing your child to volunteer their time in the athletic training program. We are grateful for their help and for the opportunity to teach them about sports medicine and foster their interest in the healthcare profession.

Athletic Training Overview

Athletic training is a healthcare profession dedicated to providing sports medicine services to athletes in a variety of settings. The practice of athletic training focuses on five main domains including injury and illness prevention and wellness promotion; examination, assessment, and diagnosis of injuries; immediate and emergency care; application of appropriate therapeutic interventions; health care administration and professional responsibility. To become a certified athletic trainer, a student must graduate with a master's degree from an accredited professional athletic training education program and pass a comprehensive test administered by the Board of Certification (BOC). The SHS athletic trainers work with all the sports teams to ensure their health, safe participation in sport, and aid in rehabilitation of any injuries that may occur. More information on the field of athletic training may be found at nata.org, bocatc.org, and caate.net.

Objectives of the Sports Medicine Club

The purpose of this work study is to introduce the student to the healthcare field through the domains of athletic training. Each student will have the opportunity to observe daily operations of the athletic training room. Students will also have the option to attend event coverage and work on the sidelines of athletic competition with the Saxon athletic trainers. Students will be taught basic first aid skills, introductory taping and bracing skills, basic human anatomy, and introductory rehabilitation skills.

Athletic Training Student Responsibilities

- All students wishing to participate in the program must read this handbook and sign the commitment letter along with a parent/guardian
- Students are expected to attend events they sign up to cover, from start to finish, preferably at least 2 shifts per week.
- Students are expected to maintain professional behavior at all times.
- Students are expected to communicate any adjustments in schedule, either in person or via email, with preferably 24 hours advance notice.
- Coverage in the athletic training room will consist of observing injury evaluations and treatments and helping with the setup and clean up of athletic events hosted at SHS.

Dress Code Policy

On a regular school day with no scheduled events, students are permitted to wear school attire. For days where there are home athletic events, students are requested/encouraged to wear black or khaki pants with Schaumburg or Sports Medicine Club attire.

Scheduling Policy

We try our best to accommodate multiple schedules for students in the Sports Medicine Club. During the beginning of each season, we will request availability from each student to determine a schedule. We encourage students to be available for at least 2 days per week. Sports Medicine Club members that also participate in athletics or other school functions are welcome to complete hours around their sport/event schedule. If a student repeatedly misses a scheduled time in the athletic training room without notifying the athletic training staff, the student may be removed from event coverage for a time.

Privacy Policy and Confidentiality Agreement

Confidential information is defined as any information found in a patient's medical record. All information relating to a patient's care, treatment or condition, constitutes confidential information. Students should adhere to the standards of the policy listed below:

- Athletic training students shall never discuss a patient's medical condition with any non-Athletic Training staff, friends, or family members not related to the patient. Confidential matters involving patients will not be discussed in areas where they may be overheard by other patients or other non-employees. Students are to be aware at all times that conversations regarding patients are not to be overheard by others and are to take appropriate steps to ensure this confidentiality.
- Any unauthorized disclosure of confidential information by athletic training students could render the athletic training/athletic department liable for damages. Any athletic training student who violates the confidentiality of the patient's medical information regarding treatments or health status is subject to disciplinary action up to and including termination from the program.
- For educational purposes, it IS permissible to share status information for educational discussion as long as there is no attached personal information to make it possible to identify the patient from presented information. It is permissible to describe the injury to other individuals within an educational setting using phrases such as "A patient was observed with an ACL tear from an non-contact mechanism". Phrases as such do not include gender, age, sport, or any other details making it possible to determine who this individual may be.

By signing off on the policy above, each athletic training student acknowledges that they have received a copy of, read, understand and agree to uphold this written privacy policy on the matters of confidential information. Signing this agreement acknowledges that in the daily job duties, students will have free access to confidential clinical operations and any violation of confidentiality, in whole or in part, could result in disciplinary action including termination and/or legal action.

Consent Form

Please have your child initial all the points below and sign prior to allowing your child to shadow in the athletic training room.

_____ I understand the scope of athletic training and the role and expectations of athletic trainers in the healthcare system

_____ I understand the expectations of the students within the athletic training room

_____ I understand the attendance policy and expectation

_____ I understand the dress code policy

_____ I understand the patient confidentiality and privacy policy pertaining to medical information and the importance of keeping these details secure.

Date: _____

Athletic Training Student Signature

Parents/Guardians please initial the bottom portion of this form and sign below prior to allowing your child to shadow in the athletic training room.

_____ I have read and understand the student hand book, and give permission for my child to participate in the Sports Medicine Club at Schaumburg High School.

Date: _____

Parent/Guardian Signature